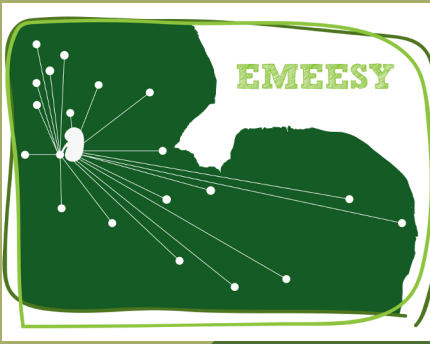




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EMEESY

Newsletter

Foreword...

Welcome to the second edition of the EMEESY newsletter. Thank you for bearing with us over changes to the venue for this autumn's Annual Network Meeting. You will probably know already that Jonathan Evans has just retired this summer. We want to celebrate his career and the best way to give opportunities for colleagues across the region to join was to bolt that on to the autumn meeting. As there are many non-renal colleagues from Nottingham wanting to join, we had to move the venue to Nottingham.

There will be an afternoon seminar in the QMC post-graduate centre from 3pm covering some of Jonathan's interests followed by an evening reception and dinner from 7pm at the Orchard Hotel, University of Nottingham campus.

Booking options for this year's meeting have now gone live on the EMEESY website and will include separate booking if you wish to come to the evening event without staying overnight. Overnight options can be booked as usual as part of the Annual Network Meeting package. The overnight rate is a little higher than usual because of a Nottingham location and dinner option.

The programme for the Annual Network Meeting is now on the website. This will be part 1 of a 2-part package on CKD. Next year when we hope to be joined by allied health professionals, we'll have a hands-on education day; this year will be more about oversight and strategy, frequently thinking about the children with mild CKD and what the future means for them.

GUIDELINES

Reminder to localise guidelines when using our guidelines.

Immunisation guideline has been updated and is now on the EMEESY website in the professional area section.

Paediatric renal pharmacopaedia documents are now listed as documents on the NUH website so we have linked these rather than add as separate documents (they should update as we update them).

PAEDIATRIC BLADDER STUDY DAY

The British Association of Paediatric Nephrology are holding a paediatric bladder study day on Friday 29th November 2019, 09.15-17.00, at the Education Centre, York Road, London SE1 7NJ.

The day will cover bladder dysfunction including how the bladder should function, functional/neurological/anatomical conditions that effect bladder function, how to investigate and approaches to treatment of bladder dysfunction.

Tickets are £40.00 (includes refreshment & CDP)
<https://paediatricbladderstudyday.eventbrite.co.uk>

INTRODUCING DR DAVID BROODBANK...



United Lincolnshire NHS Trust includes Pilgrim Hospital Boston, Lincoln County Hospital, Grantham, Skegness & Louth. Covering such a wide geographical area I sometimes don't feel like such a local "local paediatrician"!

I took up the post of Consultant Paediatrician with special interest in nephrology in 2014. I tried not to get too offended when shortly after Martin announced that he would no longer be coming to Lincolnshire anymore! I now do shared care clinics with JJ in Lincoln, Grantham & Boston. It is helpful working with the same tertiary consultant on all 3 sites as we have now developed a good understanding of how each other work, our approaches to certain clinical scenarios and it makes communicating about patients much easier.

Within these joint clinics we see some of the more complex nephrology patients and examples would include those with nephrogenic diabetes insipidus (NDI), patients with later stage chronic kidney disease and patients post transplant.

In addition to the shared care clinics, I do monthly special interest clinics in Boston and 6 clinics a year in Lincoln.

Within this clinic I see some of the more "straightforward" nephrology with examples including single kidneys, MCDKs, other congenital abnormalities of the kidney and urinary tract, isolated microscopic haematuria and enuresis. This also gives my colleagues the opportunity to refer any of their patients with nephrology problems into this clinic. This has reduced the load on the tertiary service but all these patients will still have easy access to a tertiary opinion if needs be. Some patients continue to be looked after in the general paediatric clinic (very mild degrees of antenatally detected hydronephrosis for example) but I feel that there is a low threshold within the department for referring into either my clinic or the shared care clinic.

Transition is a complicated period in a patients journey. At ULHT JJ runs a transition clinic with adult nephrologist Dr Matt Williams to facilitate this.

My view is that patients in rural areas such as Boston should receive the same standard of care as those living in large cities. Clinical networks like EMEESY help us to deliver this by:

- Quick access to a tertiary opinion if needed
- Access to the nephro-uro-radiology MDT for the discussion of imaging
- Access to all the patient resources provided by the network.

This is all delivered close to home.

There are still some challenges to delivering high quality care locally and all journeys to Nottingham can't be avoided. Particular sticking points are certain investigations such as MCUG's or formal GFRs which can't be done locally and access to the wider MDT such as the urology specialist nurses. Briefly within our clinic department we had a nurse with a particular nephrology interest, this was a real benefit to us. Unfortunately she has now moved on and no-one has taken up the role. It is likely that like many things within the NHS this role would be more appealing to the department if there was some associated funding.

My nephrology work is one of my favourite parts of my job and I look forward to continuing to work with the EMEESY network.

Dr David Broodbank, Consultant Paediatrician



WELCOME CLARE...

We would like to welcome Clare Alderson, our new Youth Development worker. Clare will be based within the NUH Youth Service and Paediatric Renal Unit but will be working with young people across the EMEESY network.

Clare was born and raised in Derby and has worked with young people for over 9 years in various projects across the East Midlands and East Yorkshire. Her first experience of health-based youth work was at the Royal Infirmary in Hull, which is also where she completed her degree in Youth & Community Work Studies in 2015. At that time, Hull University Teaching Hospitals NHS Trust didn't have any youth services to speak of, so Clare's role was to research young peoples' experiences of hospital admissions and services. It became evident during her research just how much young people needed extra support in trying to navigate various life-factors that were exacerbated by living with long-term conditions.

Disappointingly for that trust, they were unable to fund the resources to support such a service at the time, but it left Clare with a sense of unfinished business in terms of developing services in a health-based setting. She was previously working up for a business and education project at Derby City Council when the opportunity to join the renal team came up so of course she jumped at the chance to engage in health-based youth work once again!

Clare is not only excited to be working in such a dynamic and open-minded trust, but also within a condition specific area as it means there is huge potential to accelerate improvements and achievements for young people who engage with clinical services. Being part of the wider EMEESY network is even more exciting for Clare, as she is keen to share best practice ideas and research how experiences of CKD differs for young people across the network.



Clare will be predominantly based at the Queen's Medical Centre in Nottingham but hopes to support as many clinics as possible around the network and is looking forward to meeting many of you over the coming months. Clare will also be attending our next Network Education meeting on Friday 27th September, so please do come and say hello!

